# Effect of Banana Peel Extract on Sensory and Bacteriological quality of Marinated Beef

Ali Meawad Ahmed; \*Taghreed A. E. Hafez and Mona Mohammed Eissawy

Dept. Food Hygiene, Faculty of Veterinary Medicine, Suez Canal University, \*Animal Health Research Institute, Port-said branch

## **Abstract**

Marination is the process of soaking foods in a seasoned, meat marination using different marinades not only improve the beef sensory quality, but also improve the bacteriological quality. Banana is one of the oldest cultivated and the most popular fruits distributed allover the world. Peoples supposed to consume fruits and discard their peel as waste. The present study was carried out to use the Egyptian banana peel extracts as supplement to traditional marination ingredients of beef for improving their microbial quality and safety. Beef samples were marinated with salt, onion, tomato and 1%, 3% and 5% of banana peel aqueous extracts then stored at 4°C for 4 hours. The sensory parameters of meat before roasting indicated good values with the addition of 1% BPE while were improved by marination with different concentrations of BPE after roasting by panel testing. BPE exhibited antimicrobial activity against *Staphylococcus aureus* in vitro, it also induced antimicrobial activity against aerobic and enterobacteriaceae with increase the reduction percent by increasing the concentration of banana peel. *Salmonella spp.* and *E. coli* was not detected by available laboratory methods in all examined beef samples. The results ensured that the Egyptian banana peels extract have antibacterial effect against aerobic, enterobacteriaceae and *S. aureus* bacteria. So it can be used as natural preservative for meat and meat products.

Key words: Beef, Marination, banana peel extract, meat sensory quality, bacteriological quality

# 1. Introduction

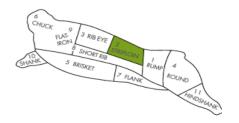
Beef has been an important part of the human diet throughout human evolution. Beef as part of a healthy, varied diet, provides a rich source of high biological value protein and essential nutrients, some of which are more bioavailable than in alternative food sources (Wyness, 2015). Meat provides excellent growth media for a variety of microflora some of which are pathogens and other are nonpathogens (Jay et al., 2005). Microbial growth is one of the mechanisms chargeable for beef spoilage. The main sources of these microorganisms are the skin and the intestinal tract of the slaughter animal. The number of microflora in meat depends on different factors as; preslaughter husbandry practices; age of the slaughtered animal; temperature controls during slaughtering, processing and distribution; handling during slaughtering, evisceration and processing; preservation methods; type of packaging and handling and storage by consumer (Cerveny et al., 2009). Beef spoilage leads to significant economic losses for the meat industry. Several investigators allover the world are challenged to reduce these economic losses, the meat industry is looking for prolongation of meat and meat products shelf-life by natural preservation methods and fulfilling the consumers' demands for high quality, convenience and improved flavor (Pathania et al., 2010). Marination is the process of soaking or pickling meat in a seasoned liquid (marinade mixture) for hours before cooking. The objective of marination is improvement the sensory values like tenderness, flavoring, juiciness of meat, and enhancement of microbiological safety of meat. These desirable properties of a good marinated meat are achieved by the interaction of marinade ingredients with meat (Palang, 2004). The microbial growth and multiplication in non-marinated beef meat is about 0.9 log cfu/cm<sup>2</sup> in total viable counts (TVCs) after 24h greater than 9.5 log cfu/cm<sup>2</sup> after 8 days of refrigerated storage (Kargitou et al., 2011). The development of microorganism in non-marinated beef meat usually increases during refrigerated storage. Marination inhibits microbial growth in beef meat and the bacterial development remains below 10<sup>3</sup>cfu/g (**Knöchel** *et al.*, 2007).

Banana peel has been traditionally used as medicinal material for the treatment of various ailments such as burns, anaemia, diarrhoea, ulcers, inflammation, diabetes and cough (Pereira and Maraschin, 2015). Banana peel contains high phenohlic content which possesses antimicrobial activity(Morais et al., 2015). Banana peel is rich in proteins, fiber, potassium, essential amino acids, and unsaturated fatty acids (González-Montelongo et al., 2010). Banana peel extract of banana peel could be considered as a good antibacterial agent against different species of spoilage bacteria (Mokbel and Hashinaga,2005). Fruits peel has been a valuable source for maintaining human health. The antimicrobial properties of banana peels extracts can be of great significance in therapeutic treatments. Aqueous extracts of fresh yellow banana peel could be considered as a good antibacterial agent against both Gram positive and negative bacteria to replace the synthetic medicines in treatment of diseases caused by these bacteria (Chabuck et al.,2013). Therefore, this study was carried out to evaluate the effect of beef marination with the natural marinated substances as salt, onion andtomato together with different concentrations of aqueous banana peel extract on bacteriological quality of beef.

#### 2. Materials and Methods

# 2.1. sampling

A total of 22 fresh beef samples were purchased from a local butcher's shop at Port-Said city, 12 hours post-rigor. Each sample was collected from the striplion cut, (image 1) Rose-beef, weight  $1.250~\mathrm{kg} \pm 250\mathrm{g}$  covered by their fascia. All samples put in sterile polyethylene bags and kept in ice-box, then immediately transferred to Animal Health Research Institute, Port-Said branch, for evaluation.



**Image (1) striplion cut** 

## 2.2. Marinades

The marinades mixture consists of salt, onion, tomato and banana were purchased from Port-Said a local markets.

# 2.2.1. Preparation of Aqueous Extract of Banana peel

Bananas washed in running tap water in laboratory, banana peels surface sterilized with 70% alcohol, rinsed with sterile distilled water. Peels were taken off and air-dried for two weeks and ground into powder with an electrical blender (*German blender*, 600watt) and sieved with a mesh of size 0.5 mm, then stored in clean brown bottles at room temperature until needed for use.

Ninety grams of the powdered peels was dispensed in 900 ml of distilled water in a 1 L capacity conical flask. The mixture was vigorously stirred with a magnetic stirrer and then allowed to stand for 48 h. It was stirred again and filtered through a Whatman filter paper lined funnel into a conical flask. The filtrate was evaporated at 40°C with a water bath to obtain the solid crude extract (Ehiowemwenguan *et al.*, 2014).

## 2.3.. Marination of the samples

The connective tissues and fat were trimmed off from the beef sample. The beef samples were cut into pieces about 3x3x1 cm<sup>3</sup> and then, divided into control and 4 treated groups, each group weighted 200 gram. Marination mixture consisted of salt 17gm/kg, onion 30gm/kg, tomato 50gm/kg and supplemented with 1, 3 or 5 % banana peel aqueous extract. The first group (control) beef sample was immersed into sterile distilled water. The second group, beef sample was marinated with marination mixture without banana peel extract. The third, fourth and fifth groups, beef samples were marinated with marination mixture supplemented with 1, 3 and 5 % banana peel aqueous extract respectively. Each group placed into polypropylene containers. The marination mixture was added to cover all the meat slices, followed by agitation to ensure an even distribution of the solid elements of the marinades. All containers had been over-wrapped with a polyethylene cover and stored at 4°C for 4 h. The meat pieces were turned over, to ensure uniform marination. All beef groups were divided into two halves, the first half for bacteriological evaluation and the other half for sensory evaluation (Istrati et al., 2011).

#### 2.4. Sensory evaluation before roasting:

## 2.4.1.Colour and Odour Evaluation:

Eleven members of non-trained panelists were used to evaluate sensory colour and odour characteristics of beef samples, then expressed the evaluation through 5 point headonic scales, 1.very poor; 2.poor; 3.common; 4.good and 5.very good (Szczesniak, 1987).

## 2.4.2. Roasting protocol for beef palatability tests:

The beef samples were put in oven rack in position of the center of the oven then, preheat oven ten minutes or until 160°C is reached. The oven temperature and samples were recorded using food digital thermometer. All samples were roasted to internal temperature of 60°C. After that, the roasting pan was removed from oven and ready for sensory evaluation.

# **2.4.3.**Sensory evaluation after roasting:

About 3x3x1 cm<sup>3</sup> from each of the beef samples (raw and roasted) were cut into small pieces. The samples were prepared then given to panel members (n = 11) who were not trained in the sensory analysis of meat. Five characteristics point as were given to panelists as following: 1.very poor; 2.poor; 3.common; 4.good and 5.very good. Panelists were considered the above points for evaluation of colour, odour, taste, tenderness and juiciness of the beef samples (Szczesniak, 1987).

# 2.4.4. In vitro antimicrobial activity testing using Agar disk diffusion assay according to (Shahid *et al.*, 2007):

Loop full growths from *S. aureus* isolates were inoculated into nutrient broth incubated at 37°C for 18 hours. The bacterial suspensions were diluted with normal saline. The turbidity was adjusted and compared with standard tube (McFarland number 0.5) to yield a uniform suspension containing  $1.5 \times 10^8$  CFU/ml. Cotton swab was dipped into adjustment suspension and streak the entire Mueller-Hinton agar surface of plates and the plates were left for one 5-15 minutes at room temperature to dry. Then sterile filter paper disc 0.6 cm in diameter was dipped into different concentrations of banana peels extract and placed gently on the Mueller Hinton agar plate that has already been inoculated with the test organism. This was incubated at 37°c for 24h after which the plates were viewed for the presence or absence of zone of inhibition of the test organisms around the test and control discs.

Antibacterial activity was evaluated by measuring the diameter of inhibition zone. Any disc with a difference of 1 mm or more was considered positive for antibacterial activity.

# 2.4.5. Bacteriological analysis:

Twenty five grams of individual beef samples were aseptically removed from the polypropylene containers and transferred with 225 ml of sterile 0.1% peptone water to a stomacher bag. Serial decimal dilutions were prepared from the stomacher fluids for determination of .

- **2.4.5.1. Total aerobic count:** The pour technique recommended by **ISO** (2002a).
- 6.3. Enterobacteriaceae counts: were carried out by pour plate method (ISO 21528-2:2004).
- **6.4.** Staphylococcus aureus count: The procedure recommended by ISO (1999) was applied.
- **6.5. Detection of** *E.coli*: The procedure of (APHA, 2002) was applied.
- **6.6. Detection of Salmonellae:** According to the method of **ISO** (2002 b).

#### **Result and Discussion**

## 1- Sensory evaluation

Sensory evaluation of meat is a common and very useful tool in quality assessment of processed meat products especially after addition of a new additive. It makes use of the senses to evaluate the general acceptability and quality attributes of the products (**Heinz and Hautzinger2007**). The data given in table 1 revealed that marination of meat in group II did not adversely affect the meat quality compared to group I. Addition of 1% BPE to the marination mixture remained both colour and odure values of meat with a good quality, while increasing the concentration of BPE (3% and 5%) adversely affected both colour and odure values of meat.

Table 1. Effect of Marination and BPE on meat sensory quality before roasting.

Sensory Character	I	II	III	IV	V
Colour	<sup>a</sup> 4.80± 0.13	ab4.40±0.16	b3.90±0.23	°2.90±0.24	°2.30±0.26
Odour	<sup>a</sup> 4.82± 0.12	<sup>a</sup> 4.80±0.13	<sup>ab</sup> 4.20± 0.21	$^{bc}3.80 \pm 0.18$	c3.20± 0.25

Group I = Control Group II = Marination Only Group III = 1% B.P.E.

Group IV = 3% B.P.E. Group V = 5% B.P.E. S.E. = Standard Error of Mean. Mean values with different litter within the same raw are significantly difference (P < 0.05).

From the obtained results in **table 2** we noticed that after roasting, addition of 1% and **3% of banana peels extract to beef didn't deviate the normal colour of roasted beef and keep it** acceptable as untreated beef samples, increasing the concentration level of banana peels extract to 5% leading to adverse effect on the roasted beef colour.

Table 2. Effect of Marination and BPE on meat sensory quality after roasting.

<b>Sensory Character</b>	I	II	III	IV	V
Colour	<sup>a</sup> 4.82± 0.14	<sup>a</sup> 4.80±0.13	ab4.20±0.20	bc3.60±0.16	c3.00±0.21
Odour	<sup>a</sup> 3.00± 0.26	<sup>b</sup> 4.70±0.15	<sup>b</sup> 4.30± 0.14	$^{b}4.10 \pm 0.18$	<sup>b</sup> 4.14± 0.23
Taste	<sup>a</sup> 1.40±0.15	<sup>b</sup> 4.43±0.16	<sup>b</sup> 4.39±0.17	<sup>b</sup> 4.30±0.21	<sup>b</sup> 4.31±0.21
Tenderness	$^{a}1.20 \pm 0.13$	b3.90± 0.18	$^{b}4.10 \pm 0.23$	<sup>6</sup> 4.20 0.20	<sup>b</sup> 4.50± 0.17
Juiciness	<sup>a</sup> 1.20±0.13	b3.80 ±0.19	$^{bc}4.20\pm0.20$	bc4.21± 0.22	$^{c}4.60 \pm 0.16$

= Control Group II = Marination Only Group III = 1% B.P.E. Group IV = 3% B.P.E. Group V = 5% B.P.E. S.E. = Standard Error of Mean. Mean values with different litter within the same raw are significantly difference (P < 0.05).

We also noticed that marination of meat with or without addition of different concentrations of BPE improved the other meat characters (odour, taste, tenderness and juiciness) compared to control group. Marination is used traditionally to improve flavor and tenderness. An important aspect of marination is the increase of yield of the raw meat; marination improved meat texture including a juicier texture and reduction of water loss during cooking (Xargayó et al.2001and Sheard and Tali, 2004)

# II In vitro Antibacterial activity of banana peels aqueous extract againstS. aureus

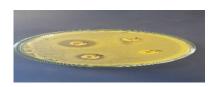
The antibacterial activity of 0, 1%, 3% and 5% banana peels extract against S. aureus were revealed in table 3 and figure 1 Banana peels extract at 1%, 3% and 5% concentration levels had inhibition zone of 0.6, 1.5 and 2mm respectively. This result confirmed that all concentration of banana peels extract had antibacterial effect against S. aureus, this come with agree to Chabuck et al. (2013); Singh et al. (2013) and Ehiowemwenguan et al. (2014).

The antibacterial effect of banana peels extracts were increased as their concentration level increased (figure 1).

Table 3. Antibacterial activity of banana peels extract Figure (1) Plate agar showing against S. aureus.

Concentration of Banana	Diameter of the inhibition
(0%)	0.0
(1%)	0.6
(3%)	1.5
(5%)	2

inhibition zone of S. aureus against banana peels extract.



Banana peels extract had a great antibacterial activity against many pathogens as Staphylococcus aureus, Salmonella typhi and Aeromonas hydrophila (Singh et al., 2013), also against Bacillus cereus, Salmonella enteritidis, Escherichia coli, Bacillus subtilisand Staphylococcus aureus(Mokbel and Hashinaga, 2005).Banana peelsalso has antibacterial activity against periodontopathogens as Porphyromonasgingivalis(Kapadia et al., 2015). Banana peels extract used in old medicine as a natural alternative for killing off a wart; reduces swelling and irritation of a mosquito bite(Kumar et al.,2012); taken in dysentery and diarrhea and used for treating malignant ulcers (Girish and Satish, 2008) and also can be used to reduce pain or swelling of injury (Atzingen et al., 2011). Bioactive compounds in banana peels shown to exert various biological and pharmacological effects (antibacterial, antihypertensive, antidiabetic and anti-inflammatory activities) (Pereira and Maraschin2015).

# III. The effect of marination on bacteriological quality of beef samples.

The bacteriological evaluation is one of the most important information that indicating the quality and safety of any food article (Libby, 1975). Spices and herbs have been used for centuries by many cultures not only as flavouring agents, but also as food preservatives and prolong the storage life of foods through bacteriostatic or bactericidal activity (Beutchat and Golden, 1989; Cutlre, 1995; Smid and Gorris, 1999; Shan et al., 2005; Shrinjar and Nemet, 2009; and Velasco and Williams, **2011).** In this study the bacteriological quality of beef samples were shown in table 4.

Table 4.The effect of marination on bacteriological quality of beef samples.

Group	Aerobic colonies	Enterobacteriaceae	S. aureus	E. coli	Salmonella
I	+ ve	+ ve	+ ve	- ve	- ve
II	+ ve	+ ve	+ ve	- ve	- ve
III	+ ve	+ ve	+ ve	- ve	- ve
IV	+ ve	+ ve	+ ve	- ve	- ve
V	+ ve	+ ve	+ ve	- ve	- ve

It revealed the existence of aerobic colonies, Enterobacteriaceae and *S. aureus*, while *E. coli* and *Salmonellae* were not detected.

#### **III.1. Total Aerobic Bacterial Counts**

Beef is regularly contaminated by aerobic bacteria from different sources during processing as hide, floor washings, viscera (intestinal contents), abattoir environment, processing equipment and tools, water, hands, clothing, boots, aprons and tables (Buchanan and Halbrook, 1995;Rahkio and Korkeala, 1997;McEvoy et al., 2004;Holds et al., 2007 and Zweifel et al., 2008).

The total counts of aerobic bacteria per gram of muscular tissue is a good indicator of microbiological safety where, spoilage occur when the microbial population reaches 8 log cfu/g in meat product (**Narasimha Rao** *et al.*, **1998**). The aerobic plate counts are generally accepted as a criterion for microbial contamination of carcasses and a useful indicator of hygienic conditions of abattoir (**Cohen** *et al.*, **2007**). The effect of marination on the mean values of total aerobic counts for groups I, II, III, IV and V were recorded in **table 5**. The mean values of total aerobic counts were  $3x10^4 \pm 6.9x10^3$ ,  $2x10^4 \pm 4.8x10^3$ ,  $1x10^4 \pm 1.8x10^3$ ,  $6.7x10^3 \pm 1.4x10^3$  and  $4.9x10^3 \pm 9.1x10^2$ . Group I was the highest total bacterial counts followed by group II, III, IV and V. There was a significant difference (P < 0.05)in means of total bacterial counts between group I and groups III, IV and V, there is no significant difference (P < 0.05)between the uses of different concentrations of banana peels extract.

Table 5. Effect of marination on total Aerobic count (cfu/g) of beef samples.

Group	Minimum	Maximum	Mean	± *S. E.	**R. P. with group I	***R. P. with group
I	$3.7 \times 10^2$	$9.1x10^4$	<sup>a</sup> 3x10 <sup>4</sup>	$6.9 \times 10^3$	-	-
II	$3x10^2$	$6.7 \times 10^4$	$^{ab}2.2 \times 10^{4}$	$4.8 \times 10^3$	-	-
III	$2.8 \times 10^{2}$	$3.7 \times 10^4$	bc1x10 <sup>4</sup>	$1.8 \times 10^3$	63%	49%
IV	$2.5 \times 10^2$	$2.2 \times 10^4$	$^{bc}6.7x10^3$	$1.4 \times 10^3$	78%	69%
V	$2x10^2$	$1.5 \times 10^4$	$^{c}4.9x10^{3}$	$9.1 \times 10^2$	84%	77%

**Group I** = Control ,**Group II** = Marination Only, **Group III** = 1% B.P.E., **Group IV** = 3% B.P.E., **Group IV** = 3% B.P.E., **Group IV** = 5% B.P.E. Mean values with different litter are significantly difference (P < 0.05). , \*S. E. standard error \*\* R. P. with **group I** = Reduction Percent based on result of group I, \*\*\* R. P. with **group II** = Reduction Percent based on result of group II., **B.P.E**.=Banana Peels Extract.

However, it is usually difficult to make comparisons between surveys because of differences inobjectives, sampling protocols, laboratory procedures. However, the recorded results in the present study are nearly higher than those reported by Sumner *et al.*, (2003); Hutchion*et al.*, (2005); Zweifel *et al.*, (2005) and Nouichi and Hamdi (2009).

The mean of total aerobic count of group I (control, raw beef without marination) was higher than previous studies (**Roberts** *et al.*, **1984** and **Hemmat** *et al.*,**2013**). This higher recorded total aerobic counts value in this study reflect the hygienic measures that applied during slaughter, dressing, evisceration, handling of carcasses, cutting and distribution of beef(**Upadhyaya** *et al.*,**2012**). Treatment of beef with banana peels extract were effective in decreasing the total aerobic counts due to their antibacterial activity against Gram positive and negative bacteria these results agree with **Aldean** *et al.*,(2010); **Sumathy** and **Sumathy** (2011); **Chabuck** *et al.*,(2013)and **Ehiowemwenguan** *et al.*, (2014).

#### III.2. Enterobacteriaceae counts

Enterobacteriaceae have an epidemiological importance as some of their members are pathogenic and may cause serious infections and food poisoning outbreaks to human being. The presence of enterobacteriaceae in large numbersin food indicates improper hygienic measures, fecal contamination, dirty equipment or unhygienic handling (PHLS 2002; Gill and Landers 2004).

The effect of marination on the mean of enterobacteriaceaecounts for groups I, II, III, IV and V were  $6.7x10^2$   $\pm 1.5x10^2$ ,  $5x10^2\pm$   $1.2x10^2$ ,  $4x10^2\pm5.1x10^2$ ,  $2.9x10^2\pm$   $6.3x10^1$  and  $2.2x10^2\pm4.9x10^1$  respectively (table 6).

Group	Minimum	Maximum	Mean	<u>+</u> S. E.	R. P.with group I	R. P.with group II
I	$8x10^{1}$	$2.6x10^3$	<sup>a</sup> 6.7x10 <sup>2</sup>	$1.5 \times 10^2$	-	-
II	$6.8 \times 10^{1}$	$2.1x10^3$	$ab5x10^{2}$	$1.2x10^2$	-	-
III	$5.3x10^{1}$	$1.8 \times 10^3$	$ab4x10^{2}$	$5.1x10^{1}$	39%	19%
IV	$3x10^{1}$	$1.1 \times 10^3$	$ab2.9x10^2$	$6.3x10^{1}$	57%	43%
V	$1.5 \times 10^{1}$	$9.1x10^2$	$^{b}2.2x10^{2}$	$4.9x10^{1}$	67%	57%

Table 6. Effect marination on total Enterobacteriaceae count (cfu/g) of beef samples.

**Group II** = Control ,**Group II** = Marination Only, **Group III** = 1% B.P.E., **Group IV** = 3% B.P.E., **Group V** = 5% B.P.E. Mean values with different litter are significantly difference (P < 0.05). , \***S. E.** standard error \*\* **R. P. with group I** = Reduction Percent based on result of group I, \*\*\* **R. P. with group II** = Reduction Percent based on result of group II., **B.P.E**.=Banana Peels Extract.

Group I was the highest total enterobacteriaceae counts followed by group II, III, IV then V. There was a significant difference (P < 0.05)in means of total enterobacteriaceae counts between group I and group V, addition of banana peels extract to beef samples groups (III, IV and V) lead to decrease the number of enterobacteriaceae counts. The extract of banana peels have antibacterial effect against several members of enterobacteriaceae family as recorded by **Ehiowemwenguan** *et al.*, (2014) and **El-Zawawy** (2015). Increasing the concentration of banana peels extract leading to decrease in enterobacteriaceae counts.

The mean of total enterobacteriaceae counts of group I (control, raw beef without marination) was lower than this reported by Raji(2006); Crowley et al., (2005) and Hemmat et al., (2013). It is may due to proper hygienic measures followed in abattoir and handling of beef leading to decrease fecal contamination so the enterobacteriaceae counts also decrease. Enterobacteriaceaeis an indicator for fecal contamination of the carcass (Murray et al., 2001; Schaffner and Smith 2004; Zweifel et al., 2005; Paterson 2006 and Paulsen, 2011).

# III.3. Staphylococcus aureus

In this study **table 7** showed the effect of marination on total *S. aureus* count of the examined beef samples. The mean for groups I, II, III, IV and V were  $4.9 \times 10^1 \pm 0.18 \times 10^1$ ,  $4 \times 10^1 \pm 0.19 \times 10^1$ ,  $3.1 \times 10^1 \pm 0.18 \times 10^1$ ,  $2.3 \times 10^1 \pm 0.17 \times 10^1$  and  $1.9 \times 10^1 \pm 0.16 \times 10^1$  respectively. There was a significant difference (P < 0.05) in means of total *S. aureus* counts between all groups except between 3% and 5% banana peels extract.

Table 7. Effect of marination on total Staphylococcus aureus count (cfu/g) of beef samples.

Group	Minimum	Maximum	Mean	<u>+</u> S. E.
I	$3.5 \times 10^{1}$	$6.0 \times 10^{1}$	<sup>a</sup> 4.9x10 <sup>1</sup>	$0.18x10^{1}$
II	$2.9x10^{1}$	$5.0 \times 10^{1}$	<sup>b</sup> 4.0x10 <sup>1</sup>	$0.19x10^{1}$
III	$2.0x10^{1}$	$4.1 \times 10^{1}$	c3.1x101	$0.18 \times 10^{1}$
IV	1.2x10 <sup>1</sup>	3.2x10 <sup>1</sup>	d2.3x101	$0.17 \times 10^{1}$
V	$1.0x10^{1}$	$2.8 \times 10^{1}$	de 1.9x 10 <sup>1</sup>	$0.16 \times 10^{1}$

**Group II** = Control ,**Group II** = Marination Only, **Group III** = 1% B.P.E., **Group IV** = 3% B.P.E., **Group V** = 5% B.P.E.Mean values with different litter are significantly difference (P < 0.05). , \*S. E. standard error \*\* R. P. with **group I** = Reduction Percent based on result of group I, \*\*\* R. P. with **group II** = Reduction Percent based on result of group II., B.P.E.=Banana Peels Extract.

Existence of food-borne pathogens as *S. aureus* in beef samples is agreed with the recorded result by **Sharma and Chattopadhyay** (2015). The means of total *S. aureus* counts of group I in this study is lower than this reported by **Hemmat** *et al.*,(2013). The highest number of *S. aureus* in beef indicates the presence of cross-contamination, which usually related to human skin, hair, discharge, hand and improper personal hygiene of employees during handling and processing (**CSA**, 2011). This result confirmed that banana peels extract had significant antibacterial activity against *S. aureus*, this agree with **Rojas**, *et al.*,(2006); **Fagbemi** *et al.*,(2009); **Ighodaroro** *et al.*,(2009) and **Sumathy** and **Sumathy** (2011).

#### **Conclusion**

From the achieved results in the present study, it can be concluded that: The marination of beef for a period of time not less than four hours with salt, onion and tomato improve the sensory quality beef and possess antibacterial activity against aerobic colonies, enterobacteriaceae and *S. aureus*. Application of Egyptian banana (*Musa acuminate*) peels extract in beef marination with concentrations 1%, 3% and 5% exhibited a variable antibacterial effect against aerobic colonies, enterobacteriaceae and *S. aureus*.

# References

- **Aldean, A.A.; Al-Jumaily, E.F. and Al-Safar, M.A. (2010):** The Effect of Banana Skin on the Bacterial Infections of the Chronic Gingivitis Patients. African J. of Paediatric Surgery; 7(1): 145-149.
- **APHA** (2002): Compendium of Methods for the Microbiological Examination of Foods. 4<sup>th</sup> Ed., APHA Technical Committee on Microbiological Methods for Foods. Washington DC, USA.
- Atzingen, D.A.; Gragnani, A.; Veiga, D.F.; Abla, L.E.; Mendonça, A.R.; Paula, C.A.; Juliano, Y.; Correa, J.C.; Faria, M.R. and Ferreira, L.M. (2011): Gel from unripe Musa sapientum peel to repair surgical wounds in rats. Acta Cir. Bras.; 26:379–382.

- **Beuchat, L.R. and Golden, D.A. (1989):** Antimicrobials occurring naturally in foods. Food Technology; 43(1): 134 -142.
- **Buchanan, L.R. and Halbrook, B. (1995):** Data needed to develop Microbial Food Safety Systems for Slaughter, Processing, and Distribution. An economic Research Service report. Tracking Foodborne Pathogens from Farm to Table. United States Department of Agriculture Conference Proceedings January 9-10, 1995. Washington, DC, USA: 71-80.
- Cerveny, J.; Meyer, J.D. and Hall, P.A. (2009): Microbiological Spoilage of Meat and Poultry Products In: Compendium of The Microbiological Spoilage of Foods and Beverages. Food Microbiology and Food Safety, W.H. Sperber and M.P. Doyle (Eds.). Springer Science and Business Media, NY, pp. 69-868.
- Chabuck, G.Z.; Al-Charrakh, H.A.; Hindi, K.N. and Hindi, K.S. (2013): Antimicrobial Effect of Aqueous Banana Peel Extract, Iraq. Pharmaceutical Sciences; 1: 73-75.
- Cohen, N.; Ennaji, H.; Bouchrif, B.; Hassar, M. and Karib, H. (2007): Comparative study of microbiological quality of raw poultry meat at various seasons and for different slaughtering processes in Casablanca (Morocco). J. Appl. Poul. Res.; 16: 502–508.
- Crowley, H.; Cagney, C.; Sheridan, J.J.; Anderson, W.; McDowell, D.A.; Blair, I.S.; Bishop, R.H. and Duffy, G. (2005): Enterobacteriaceae in beef products from retail outlets in the Republic of Ireland and comparison of the presence and counts of *E. coli* O157:H7 in these products.Food Microbiology; 22: 409–414.
- **CSA** (**Central Statistical Authority of Ethiopia**) (**2011**): "The 2010 Population and Housing Census of Ethiopia," 2011.
- **Cutler, H.G.** (1995): Natural product flavor compounds as potential antimicrobials, Insecticides, and medicinal. Agro-Food-Industry Hi Tech.; 6: 19-2
- Ehiowemwenguan, G.; Emoghene, A.O. and Inetianbor, J.E. (2014): Antibacterial and phytochemical analysis of Banana fruitpeel. IOSR J. of Pharmacy, 4(8): 18-25.
- **El-Zawawy A.N.** (2015): Antioxidant, Antitumor, Antimicrobial Studies and Quantitative Phytochemical Estimation of Ethanolic Extracts of Selected Fruit Peels. Int. J. of Current Microbiology and Applied Sciences; 4 (5): 298-309.
- Fagbemi; Josephine, F.; Ugoji; Esther; Adenipekun; Tayo; Adelowotan and Omotoyin (2009): Evaluation of the antimicrobial properties of unripe banana (*Musa sapientum L.*), lemon grass (*Cymbopogoncitratus S.*) and turmeric (*Curcuma longa L.*) on pathogens. African J. Biotech; 8 (7): 1176-1182.
- Gill, C.O. and Landers, C. (2004): Proximate sources of bacteria on boneless loins prepared from routinely processed and detained carcasses at a pork packing plant. Int. J. Food Microbiol.; 97: 171-178.
- **Girish, H.V. and Satish, S. (2008):** Antibacterial activity of important medicinal plants on human pathogenic bacteria a comparative analysis. World Application of Science J.; 5(3): 267-271.

- **González-Montelongo, R.M.; Lobo, G. and González, M. (2010):** Antioxidant activity in banana peel extracts: Testing extraction conditions and relatedbioactive compounds. Food Chemistry; 119:1030-1039.
- **Hemmat, M.I.; Amin, R.; Saleh, A.O. and El-Shafay, M.S. (2013)**: Quality of beef and edible offal at abattoir level. Benha Veterinary Medical J.; 25(2):254-263.
- **Heinz, G. and Hautzinger, P. (2007)**: Meat Processing Technology: For Small-to Medium-Scale Producers. RAP Publication, ISBN: 978-974-7946-99-4. http://www.fao.org
- Holds, G.; Pointon, A.; Lorimer, M.; Kiermeier, A.; Raven, G. and Sumner, J. (2007): Microbial profiles of carcasses and minced meat from Kangaroos processed in South Australia. Int. J. of Food Microbiology; 123: 88-92.
- Hutchison, M.L.; Walters, L.D.; Avery, S.M.; Reid, C.A.; Wilson, D. and Howell, M. (2005): A comparison of wet–dry swabbing and excision sampling methods for microbiological testing of bovine, porcine, and ovine carcasses at red meat slaughterhouses. J. of Food Protection; 68: 2155–2162.
- **Ighodaroro, O.M.; Mairiga, J.P. and Adeyi, A.O. (2009):** Reducing and Antiproxidant profiles of flavonoids in Ocimumgratissimum. Int. J. ChemSci; 2, 85-9.
- **ISO; International Organisation for standardization (1999):** International Organisation for standardization. No.6888-1. Microbiology of food and animal feeding stuffs Horizontal method for the enumeration of coagulase positive staphylococci.
- **ISO; International Organisation for standardization (2002a):** International Organisation for standardization. No.4833. Microbiology of food and animal feeding stuffs Horizontal method for the enumeration of microorganisms. Colony count technique at 30°C.
- **ISO; International Organisation for standardization (2002b):** International Organization for standardization. No.6579. Microbiology of food and animal feeding stuffs Horizontal method for the detection of *Salmonella spp*.
- **ISO; International Organisation for standardization 21528-2:2004):** Microbiology of food and animal feeding stuffs Horizontal methods for the detection an enumeration of *Enterobacteriaceae* Part 2: Colony-count method.
- **Istrati, D.; Constantin, O.; Ionescu, A.; Vizireanu, C. and Dinică, R. (2011):** Study of the combined effect of spices and marination on beef meat vacuum packaged. The Annals of the University Dunarea de Jos of Galati. Fascicle VI Food Technology; 35(2) 75-85.
- **Jay, J.M.; Loessner, M.J. and Golden, D.A.** (2005): Modern Food Microbiology, 7th Edn., Springer Science and Business Media. NY, pp: 63-101. ISBN: 0387231803
- Kapadia, P.S.; Pushpa, S.; Pudakalkatti and Shivanaikar, S. (2015): Detection of antimicrobial activity of banana peel (Musa paradisiacaL.) on Porphyromonasgingivalis and Aggregatibacteractinomycetemcomitans. An in vitro study.Con. Temp. Clin. Dent.; 6(4): 496–499.

- Kargiotou, C.; Katsanidis, E.; Rhoades, J.; Kontominas, M. and Koutsoumanis, K. (2011): Efficacies of soy sauce and wine base marinades for controlling spoilage of raw beef. J. of Food Microbiology; 28, 158-163.
- **Knöchel, S.; Mach, N. and Karlsson, A. (2007):** Microbial and physical changes in marinated beef of high and normal pH during storage in different atmospheres. In: 53<sup>rd</sup> International Congress of Meat Science and Technology; 1: 37-38.
- **Kumar, S.; Bhowmik, D.; Duraivel, S. and Umadevi, M. (2012):** Traditional and Medicinal Uses of Banana. J. Pharm. Phytochem.; 1:51–63.
- Libby, J.A. (1975): Meat hygiene.4th Ed., LFA and Febiger, Philadelphia.
- McEvoy, J.M.; Sheridan, J.J.; Blair, I.S. and McDowell, D.A. (2004): Microbial contamination on beef in relation to hygiene assessment based on criteria used in EU Decision 2001/471/EC.Int. J. of Food Microbiology, 92: 217–225.
- **Mokbel, M.S. and Hashinaga, F. (2005):** Antibacterial and Antioxidant Activities of Banana (Musa, AAA cv. Cavendish) Fruits Peel. American J. of Biochemistry and Biotechnology; 1(3):125-131.
- Morais, D.R.; Rotta, E.M.; Sargi, S.C.; Schmidt, E.M.; Bonafe, E.G.; Eberlin, M.N. and Visentainer, J.V. (2015): Antioxidant activity, phenolics and UPLC-ESI-MS of extractsfrom different tropical fruits parts and processed peels. Food Research International J.; 77, 392–399.
- Murray, K.A.; Gilmour, A. and Madden, R.H. (2001): Microbiological quality of chilled beef carcasses in Northern Ireland: a baseline study. J. Food Protection; 64(4): 498–502.
- Narasimha RAO, D., NAIR, K.K.S. and SAKHARE, P.Z. (1998): Meat microbiology and spoilage in tropical countries. The Microbiology of Meat and Poultry (A. Davies and R. Board, eds.) pp. 220-265, Blackie Academic & Professional, London.
- **Nouichi, S. and Hamdi, T.M. (2009):** Superficial Bacterial Contamination of Ovine and Bovine Carcasses at El-Harrach Slaughterhouse (Algeria). European J. of Scientific Research; 38(3): 474-485.
- **Palang, Y.E.** (2004): The role of ingredients and processing conditions on marinade penetration, retention and color defects in cooked marinated chicken breast meat. J. of Food Science;1-147.
- **Paterson, D.L. (2006):** Resistance in gram-negative bacteria: Enterobacteriaceae. The American J. of Med., 119:520-528.
- **Pathania, A.; Mckee, S.R.; Bilgili, S.F. and Singh,M. (2010):** Antimicrobial activity of commercial marinades against multiple strains of Salmonella spp. Int. J. Food Microbiol; 139: 214-217.
- Paulsen, P. (2011): Hygiene and microbiology of meat from wild game: An Austrian view. In Game Meat ... P. Paulsen, A. Bauer and M. Vodnansky, 19–37. Wageningen: Wageningen Academic Publishers. Paulsen, P., J.

- **Pereira, A. and Maraschin, M. (2015):** Banana (Musa spp) from peel to pulp: Ethnopharmacology, source of bioactive compounds and its relevance for human health. J. of Ethnopharmacolocy; 160: 149–163.
- **PHLS (2002):** Standard Operating Procedure—Enumeration of Enterobacteriaceae by the Colony Count Technique, F23. P. 4 Technical Service Division, PHLS HQ.
- **Rahkio, T.M. and Korkeala, H.J. (1997):** Airborne bacteria and carcass contamination in slaughterhouses. J. of Food Protection; 60(1): 38-42.
- **Raji, A.I.** (2006): Bacteriological Quality of Dried Sliced Beef (Kilishi) Sold In Ilorin Metropolis. J. of Applied Sciences and Environmental Management; 10: 97-100.
- Roberts, T.A.; Hudson, W.R.; Whelehan, D.P.; Simonsen, B.; Olygaard, K.; Labots, H.; Snijders, J.A.; van Hoof, J.; Debevere, J.; Dempster, J.F.; Devereux, J.; Leistner, L.; Gehra, H.; Gledel, J. and Fournaud, J. (1984): Number and distribution of bacteria on some beef carcasses at selected abattoirs in some member states of the European communities. Meat Science; 11: 191-205.
- **Rojas, J.; Ochoa, J. and Monoz, J. (2006):** Screening for antimicrobial activity of ten medicinal plants used in colombian folkloric medicine: a possible alternative in treatment of non-nosocomial infection. B.M.C. Alternative Medicine 2006; 6, 2.
- **Schaffner, W. and Smith, S. (2004):** Indicator organisms, pp. 773-773. In Encyclopaedia of Meat Sciences, Elsevier, Academic Press, Amsterdam.
- **Shahid, A.; Siddique, M.; Reham, S.; Hameed, S. and Hussain, A.** (2007): Evaluation of a microbiological growth inhibition assay as a screening test for the presence of antibiotic residues in poultry meat. Amer. J. Food Technol.; 2: 457-461.
- **Shan, B.; Cai, Z.; Sun, M. and Corke, H. (2005):** Antioxidant capacity of 26 spice extracts and Charactization of their phenolic constituents. J. of Agri. and Food Chem.; 53(2): 7749 7759.
- **Sharma, K.P. and Chattopadhyay, U.K.** (2015): Assessment of Microbial load of raw meat Samples sold in the Open Markets of city of Kolkata. IOSR J. of Agriculture and Veterinary Science; 8(3): 24-27.
- **Sheard, R. and Tali, A. (2004):** Injection of salt, tripolyphosphate and bicarbonate marinade solutions to improve the yield and tenderness of cooked pork loin. Meat Sci.; 68: 305-311
- **Shrinjar, M.M. and Nemet, N.T. (2009):** Antimicrobial effects of spices and herbs essential oils. Biblid: 1450-7188, 40, 195-209.
- Singh, Ch.; Kathiresan, K.; Boopathy, N.; Anandhan, S. and Govindan, T. (2013): Evaluation of microbial potential of different colored banana peels. Int. J. of Preclinical and Pharmaceutical Research; 4(2), 62-64.
- Smid, J. and Gorris, M., (1999): Natural antimicrobials for food preservation. In: Rahman, M.S. (Ed), Handbook of food preservation. Marcel Dekker, New york, pp. 285-308.

- **Sumathy, N.H. and Sumathy, J.H. (2011):** Antibacterial and Antifungal Activity of Musa Fruit Peels against Skin and Gastrointestinal Tract Diseases. Herbal Tech Industry.Short communication 2011; 9-11.
- Sumner, J.; Petrenas, E.; Dean, P.; Dowsett, P.; West G.; RinieWiering, R. and Raven G. (2003): Microbial contamination on beef and sheep carcasses in South Australia.Int. J. of Food Microbiology; 81: 255–260.
- **Szczesniak, S.A.** (1987): Correlating sensory with instrumental texture measurements—an overview of recent developments 1. J. of Texture Studies; 18(1): 1-15.
- **Upadhyaya, M.; Poosaran, N. and Fries, R. (2012):** Prevalence and predictors of Salmonella spp. in retail meat shops in Kathmandu. J. Agri. Sci. Technol. 2, 1094-1106.
- **Velasco, V. and Williams, P. (2011):** Improving meat quality through natural antioxidants. Chilean J. of Agricultural Research; 71(2): 313-322.
- **Wyness, L. (2015):** The future of animal products in the human diet: health and environmental concerns. Nutrition Society; 75: 227–232
- Xargayó, M., J. Lagares, E. Fernandez, D. Ruiz, and D. Borrell. (2001): Fresh meat spray marinating: The influence of spray injection on the quality of marinated products. http://www.metalquimia.com/images/doctecnologic/art13.pdf Accessed Oct. 2006.
- **Zweifel, C.; Baltzer, R. and Stephan, R. (2005):** Microbiological contamination of cattle and pig carcasses at five abattoirs determined by swab sampling in accordance with EU. Decision 2001/471/EC. Meat Science; 69: 559-566.
- **Zweifel, C.; Fischer, R. and Stephan, R. (2008):** Microbiological contamination of pig and cattle carcasses in different small-scale Swiss abattoir. Meat Science; 78: 225-231.

## الملخص العربي

# تأثير مستخلص قشر الموز على الجودة الحسية والبكتريولوجية لللحم البقرى المتبل

على معوض أحمد \* تغريد أحمد حافظ و منى محمد عيسوى

قسم الرقابة الصحية على الأغذية ، كلية الطب البيطري ، جامعة قناة السويس ، \* معهد بحوث الصحة الحيوانية ، فرع بور سعيد

تُعرف عملية تتبيل اللحم بنقع اللحم في خليط من التتبيلات المختلفة لعدة ساعات قبل عملية الطهي بهدف تحسين الخصائص الحسية للحم من درجة الطراوة، والنكهة، ودرجة العصارة، وتحسين الجودة الميكروبيولوجية لها. يعد الموز من الفواكه الأكثر شعبية و أقدمهازراعة في جميع أنحاء العالم. يقوم المستهلكين بعد تناول ثمار الموز بالتخلص من قشره كمخلفات لا يتم الاستفاده منها. تم إجراء هذه الدراسة للاستفادة من قشر الموز في تحسين الجودة البكتيريولوجية و دراسة تأثيرة على الجودة الحسية للحم البقرى عن طريق تتبيل عينات اللحم البقري بالملح والبصل والطماطم و 1 ٪ و 3 ٪ من مستخلص قشر الموز الموز الموز الموز المدة 4 ساعات في درجة حرارة 4 درجة مئوية. أظهرت النتائج أن مستخلص قشر الموز بتركيز 1% حافظ على لون و رائحة اللحم قبل الشوى في معدلات جيدة بينما كات تأثيرة محسن لكل الخواص الحسية للحم (اللون و الرائحة و الطعم و الطراوة و العصيرية) بعد الشوى و بالفحص المعملي تبين أن التركيزات المختلفة لمستخلص قشر الموز لها تأثير مضاد لبكتريا المكورات العنقودية الذهبية و ظهور مناطق تثبيط لنمو المستعمرات حول مستخلص قشر الموز يتزايد قطرها ومساحتها بزيادة التركيز و تبلغ 6,0 و 1,5 و 2 مم على التوالي كما اثبتت النتائج أن له نشاط مضادللبكتيريا الهوائية و مجموعة الأمعائيات و المكورات العنقودية الذهبية، ويتزايد هذا النشاط بزيادة التركيز لم يتم عزل جرثومة السالمونيلا والإيشيريشيا كولاي في جميع عينات اللحم التي تم فحصها بالطرق المعملية المتاحة. ونظراً لقدرة قشر الموز على تحسين الجودة الميكروبيولوجية للحوم ، لذلك فإنه يمكن استخدامه كمادة طبيعية تستخدم في حفظ اللحوم ومنتجاتها.